**The Premier’s Spelling Bee 2015**

On Thursday 13th August the Gloucester Public School Spelling Bee was held. The finalists from each class spelling bee competed for the chance to be our school champions and represent our school at the regional completion.

**Stage 2:** 1st Declan Fordham, 2nd Emily Kearney, runner-up Elyssa Keen

**Stage 3:** 1st Danielle Channon, 2nd Mauatua Barff, runner-up Simon Collins

Congratulations to all students who participated in the spelling bee from the class competitions through to the school finals.

Here are some thoughts from our winners:

**Declan:** I’ve never been to Old Bar. I think there will be a lot of people there. I nearly got in last year so I’m really excited. The hardest word I know how to spell is extinguisher.

**Emily:** I’ve been watching the spelling bee on the tele. I am nervous but excited that I made it.

**Elyssa:** I got runner up last year as well! I got out on the word ‘grazier’, it was a z not an s.

**Danielle:** There were a lot of people so I was very nervous. I get mum to read out the words to practise and then I write them out if I get them wrong. I will be a new experience to go to Old Bar.

**Mauatua:** Spelling is my favourite subject. I have been practising these words since the start of term. My favourite word to spell is archaeology.

**Simon:** I was the first one up to speak. The word I got out on was ‘luscious’. I wish the girls the best of luck at Old Bar.

*Hayley Watts and Amanda Coghlan*
From Mrs Wakefield -

P&C Pie Drive
This Friday is the last day to send in your pie and lamington orders. Please support the P&C Pie drive. The money raised will go towards equipment for the students at our school. The P&C are currently looking at helping the school fund new shade cloth for the infants' playground and new soft fall. Thank you for your support.

Grandparent Day and Book Fair
We are looking forward to seeing many grandparents and family members on Friday 28th August. The morning will start with open classrooms at approximately 10.00am. You are most welcome to go into your child’s classroom and look at all the exciting and engaging learning that is taking place. Please then join us for morning tea, provided for you by the P&C and then a special assembly showcasing our magnificent school. We then invite you to stay and have lunch with your child/grandchild. Please place this date in your diary and invite your family to join us. An invitation will be sent home this week by students.

Kindergarten 2016
It is that time again. It is time to enrol your child for Kindergarten 2016. Our transition program starts with Kindergarten Orientation on Monday 9th November 2015. Our Smooth Start program then runs for 3 weeks. Monday 23rd November, Monday 30th November and Monday 7th December 2015. Please come into the admin office and collect the information and brochure. We look forward to seeing you.

Skoolbag App
Please ensure you download the APP for FREE from the App Store or Google play. It is the easiest way to stay in touch with us. Visit www.skoolbag.com.au for more information. All events and the 4 Dubbo excursion updates will be posted on the App. The weekly newsletter is uploaded each Tuesday.

AECG Volunteers – BREAKFAST CLUB
We are looking for volunteers to help with Tuesday morning Breakfast Club. If you can spare 1 hour a week or a fortnight, please join the AECG members in the canteen to help with the Breakfast Club. All help would be greatly appreciated. Thank you

New Signage
We have new signage around our school. Our expectations, National Anthem, school song and front/back signage. Please have a look. They look fantastic.

Australian Professional Standards for Teachers
Teaching is a dynamic and rewarding profession. Good teachers provide students with rich, interesting and well-structured learning experiences. The capacity to provide experiences for students requires a foundation of knowledge, skills and capacities built in the early years of teaching. The Australian Professional Standards for Teachers describe the knowledge, skills and understanding expected of competent and effective teachers. Accreditation is the structure through which teachers are recognised as meeting these Standards. It ensures the integrity and accountability of the profession.
The Board of Studies, Teaching and Educational Standards NSW (BOSTES) continues to oversee the processes of accreditation for all teachers in NSW, in consultation with teacher accreditation authorities across the state. The standards are a public statement of what constitutes teacher quality. If you wish to look at the Australian Standards, please visit www.nswteachers.nsw.edu.au. I will include more on the Teaching Standards in future newsletters.

Leanne Wakefield, Principal
Ryan Beggs, Beau Murray, Tiarn Harvey, Sarah Galvin, Brodie Parish, Mia Tresidder, Andrew Fraser, Hayley Green-Crook.

Kindy Corner

New Sounds: Revision of Uu, Jj, Ll, Ff, Bb

New Sight Words: has, when, from

Numeracy: counting forwards to 200, backwards from 50, writing and reading numbers to 100 (and beyond), and counting by 2s, 5s and 10s.

Maths Concepts: addition, subtraction, patterns, 2D shapes, volume and capacity, and time.

Whizzy colouring competition: Today your child has brought home a colouring competition from MidCoast Water. If your child would like to enter, please complete the competition at home and return it to school by Friday 11th September. All entries will be sent away and prizes will be given out when we have a visit from Whizzy in Term 4.

Mirabai Carruthers & Sophie Keen
Kindergarten Teachers

Class Awards (Week 5)

6W
- Darcy Allardice
- Natasha Murray
- Bradey Rose
- Sarah Griffiths (E)

5/6G
- Aiden Hawkins
- Simon Collins
- Blake Murray
- Charlie Carruthers
- Melia Mulder (E)

5M
- Bailey Hughes
- Aiden Sopher
- Kayden Schumann
- Jessie Stewart (E)

4R
- Emily Kearney
- Darcey Fry
- Travis Sansom
- Miranda Yates (E)

3G
- Taleah Higgins
- Ellen Griffin
- Parker Higgins
- Ryan Latimore (E)

3C
- Mae’e Parks
- Mackenzie Schafer
- Bonnie Tonks
- Nathan Dwyer (E)

Infants’ Frolic
K-2 students and their families are invited to dance the night away at the Infants’ Frolic on Wednesday 16th September from 5pm - 7pm. Infants’ students have been learning a variety of dances from around the world during sport this term and are putting together a showcase of traditional dances. The frolic will be held in the middle playground and a sausage sizzle will be provided for families to enjoy together. Save the date and get ready to dance!

Sophie Keen
Kindergarten Teacher

K/1/2 ASSEMBLY
2.10pm
Friday 21st August
Hosts/Item = 1S
All welcome
Math Olympiad

My apologies to the Bignell family whose entry was also correct at the end of week 4. Unfortunately, we must have all had a busy week because we only received 2 entries last week, which were both correct. Well done to the Channon and Collins families. The answer was 12 grams.

To encourage you all to have a go, this week is a little easier.

This week:

A prime number is a whole number, greater than 1, that is divisible only by itself and 1. Some examples of prime numbers are 2, 3, 5, 7, 11 and 13. What is the largest prime number, \( P \), such that 9 times \( P \) is less than 400?

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<td>Answer:</td>
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Good luck.

Eve Green
Math Olympiad Coordinator

Colour Day for Cancer

The SRC did a wonderful job putting together and presenting information to the school students on Thursday morning and informing them of some of the main cancers which affect our community. Thank you to the school community for supporting this fundraiser. While money is still coming in, at this point we have raised approximately $400.00, which will be sent directly to the Cancer Council of Australia to support further research. There are not many families in our small community who have not experienced or been touched by the ill effects of this disease, which is evident by the support generated.

Well done to the SRC members who researched, made posters and put together the power point presentation in their play time, showing that a commitment to the SRC is not just about a Tuesday lunchtime meeting, but much more. Fantastic effort!

Susie McLeod and Eve Green - SRC

Grandparents Day - 28th August

Friday 28th August is Grandparents' Day when students welcome their Grandparents to school for an open classroom activity. The P&C will provide morning tea and afterwards, Grandparents will be treated to a concert style performance by students in the hall.

Looking for library books?

Twice a term we send home notes looking for overdue library books. These books can be found in amazing and unexpected places. If there is a book hiding at your house here are some places where the tricky ones have been found in the past.

Hayley Watts
Teacher Librarian

Premier’s Reading Challenge

The Premier’s Reading Challenge closes on Friday 21st August. Please make sure you have entered all your books online by this date to complete the challenge. Many of you have already completed the challenge! Well Done!

For any questions please email me on Hayley.watts3@det.nsw.edu.au

Hayley Watts
Teacher/Librarian
Gloucester High School Tri Challenge

Year 6 students taking part in the tri challenge have received all the notes needed to enter this event. Some teams are still coming together. I will speak to the students this week to ensure that all students who want to compete are organised into teams. A map of the course will be given to students when I receive it from GHS this week, to enable them to train/practise on the course as several students have indicated they would like to do. Do not hesitate to contact me (65581303) or Mr Leighton at GHS (65581605) if you have any enquiries.

Eve Green
Year 6 teacher

Dungog School Horse Sports
Friday 18th September
Hosted by St Joseph’s Primary School, Dungog
and supported by Dungog Pony Club

Gloucester Public School will be participating in the Dungog School Horse Sports Day. There are only eight places on our horse sports team. Entry forms are available from the school office and should be returned together with the entry fees to the team manager, Mrs Margaret Wilson by Monday 31st August.

There is no personal injury insurance cover provided by NSW DEC for students. Parents/caregivers are advised to assess the level and extent of their child’s involvement and acquire their own insurance.

Any questions or enquiries please contact Mrs Wilson.

"EAT FRESH AND WIN"

Don’t forget to get on board the Fresh For Kids “Eat Fresh to Win” Campaign. This is a great campaign that gets kids eating more fresh fruit and vegies. Each time they purchase a healthy option from the canteen they will receive a sticker card and an entry form. They need to purchase 2 fresh food options to complete their entry form. Once completed hand it back to the canteen to receive a minor prize and also go into the draw to win a major prize of a home entertainment pack.

We have a range of fruit and vegies to choose from starting from only 10c. The competition runs until 18th September. "Fresh For Kids" is run by the Sydney Fruit Markets. Check out their website - www.freshforkids.com.au

Grandparents’ Day is on next Friday, 28th August and once again we’re asking for volunteers to help on the day as well as donations of cakes and slices from parents or carers. So please help out and support your school P & C. Your donations will be much appreciated.

Lisa Norrie
Canteen Supervisor
GPS Reading Strategy Course
Lesson 1

Does It Make Sense
Benefits of regular physical activity

Information for parents and carers

"Our school system rightly aims to bring the gifts of literacy and numeracy to every child. We need to bring the gift of a healthy and active lifestyle to every student too."

Mike Baird, Premier of NSW

Department of Education and Communities policy requires students in Years K-10 to participate in a minimum of 150 minutes of planned physical activity each week. Physical activity greatly benefits the health and wellbeing of students.

Student Focus

Physical activity increases blood flow and nutrients to essential areas of the brain that stimulate learning. This enhances cognitive functioning, attention and memory. Physical activity also stimulates the release of adrenaline which improves attention and enables children to become alert and ready to learn.

Academic Performance

Academic achievement improves with physical activity and may boost standardised test scores, even when time is removed from the academic timetable.

Students who are physically active are more likely to achieve than those who are sedentary.

Skill Development

Participation in physical activity provides students with opportunities to develop movement skills and feel a sense of achievement. Participating with others can help students develop their skills in self-regulation, problem solving, leadership and decision making.

Wellbeing

Participation in physical activity helps students to feel more confident, happy and relaxed. Active students are more connected to their school which can improve their sense of fair play, their resilience and ability to develop and maintain positive friendships.

Health Outcomes

Physical activity improves physical fitness, sleep, mental health and wellbeing, bone health and contributes to maintaining a healthy weight.

If you need help accessing the content of this document please contact the NSW School Sport Unit on the phone number or email address below. If you need an interpreter to assist you to contact the Unit, please call the Telephone Interpreter Service on 131 450. The operator will get an interpreter on the line to assist you with your conversation. You will not be charged for this service.

Further information

NSW School Sport Unit
T: (02) 9707 8500
E: schoolsportunit@det.nsw.edu.au
http://www.sports.det.nsw.edu.au
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Public Schools NSW | Benefits of regular physical activity English
MEDIA RELEASE

Thursday, 13 August 2015

FISH FOSSIL ADDED TO STATE’S EMBLEMS

Minister for Industry, Resources and Energy, Anthony Roberts and NSW Nationals Leader and Minister for the Arts Troy Grant today announced an official State fossil emblem for NSW.

“This declaration recognises the rich scientific heritage that lies beneath our feet,” Mr Roberts said.

“The 370 million year old fish, with the scientific name Mandageria fairfaxi, is one of the largest fish fossil finds in the world.

“It measured up to 1.7 metres in length and was found in a 1993 excavation near Canowindra in the central west of NSW.”

The Geological Survey of NSW undertook consultation with paleontological experts, cultural associations and institutions to determine a worthy State fossil emblem.

*Mandageria Fairfaxi*, named after a local creek and commemorating the contribution of publisher James Fairfax in supporting research into the fossil fish, is unique to NSW. It featured a movable neck that marked a critical stage in vertebrate evolution.

Mr Grant said: “This fossil builds on Canowindra’s reputation as one of the best destinations for paleontology enthusiasts in the world.

“Canowindra is now home to the Age of Fishes Museum, close to where the fossils were originally found 60 years ago and has become a tourism beacon for the region.

“Visitors to this Museum can follow in the footsteps of Sir David Attenborough and actually touch the real fossils of this fish.”

Member for Orange Andrew Gee said: “This fossil was located in what was a former billabong that suddenly dried up approximately 370 million years ago, preserving thousands of fish fossils from the Late Devonian period.

“A council worker grading a road accidentally uncovered the scientifically important fossil site in 1955 and it is now part of Australia’s National Heritage.

“By raising awareness of fossils and the State’s unique geological history, geotourism across regional NSW will be boosted.”

The Waratah remains the official NSW State Floral Emblem while the fossil joins the list of the other existing NSW State Emblems:

- State Bird Emblem – the Kookaburra;
- State Animal Emblem – the Platypus;
- State Fish Emblem – the Blue Groper; and
- State Gemstone Emblem – the Black Opal.

Western Australia is the only other Australian State or Territory to have a State fossil emblem.

The Division of Resources and Energy (DRE) is running a competition for NSW primary school children to ‘nickname’ the fossil, with entries closing on Friday 18 September.

For more information visit: www.resourcesandenergy.nsw.gov.au
Become a part of NSW history and help give our state fossil a nickname

To celebrate the announcement that *Mandageria fairfaxi* is the official fossil for NSW, the Division of Resources and Energy (DRE) is hosting a competition to give the emblem a common name (nickname).

The competition is open to primary school students across NSW. The winning entrant will receive an acknowledgement in NSW Parliament for their contribution as well as a commemorative poster.

To learn more about this fossil, which is unique to NSW, visit the Geoscience section of the DRE website or read the announcement by the Minister for Industry, Resources and Energy, The Hon. Anthony Roberts MP.

**How to enter**
To enter the competition, complete and submit the online form by the closing date.

**Closing date**
Entries close 5pm, Friday 18 September 2015

If you have difficulty submitting your entry online, please email news.information@resourcesandenergy.nsw.gov.au

**Terms and conditions of entry**
1. In order to be eligible, entries must:
   - be submitted by the closing date and time
   - be submitted online using the form available at http://prm.ag/efgsqodhQT
   - acknowledge and accept the Terms and Conditions of entry.
2. Entries will be accepted from individuals or a group of individuals (for example, a group entry could be made by a class or year level) who are currently enrolled as a primary school student/s in New South Wales.
3. The winner/s and their school/s will receive formal acknowledgement and a commemorative poster.
4. In submitting an entry, entrants acknowledge that the Division of Resources and Energy may:
   - contact the education provider listed on the entry form to verify details contained in the entry
   - publicise any details submitted on the entry forms (including the name of the entrant, their year level and school, and the nickname suggested).
5. The decision of the Division of Resources and Energy regarding the winning entry will be final, and no further correspondence will be entered into.
6. The entrant or the entrant’s parent or guardian may apply to the Division of Resources and Energy for access to and/or correction of the personal information collected.

**For more information contact**
Strategic Communications, Division of Resources and Energy
NSW Department of Industry, Skills and Regional Development
Email news.information@industry.nsw.gov.au

Visit us at www.resourcesandenergy.nsw.gov.au
Anaphylaxis Fact Sheet for Parents of Children at Risk of Anaphylaxis

What is anaphylaxis and how is it treated?
Anaphylaxis is the most severe form of allergic reaction and is potentially life threatening. It usually occurs rapidly after exposure to a food, insect or medicine to which the person may already be allergic. Anaphylaxis must always be treated as a medical emergency and requires immediate treatment with adrenaline. Adrenaline autoinjectors (EpiPen® or Anapen®) are designed to be given by non-medical people, such as parents, school or childcare staff, friends, passers-by or the allergic person themselves (if they are well and old enough). Adrenaline autoinjector devices contain a single, fixed dose of adrenaline that works rapidly to reverse anaphylaxis. Instructions are included on the device labels, on ASCIA Action Plans for Anaphylaxis and on the ASCIA website: www.allergy.org.au/health-professionals/anaphylaxis-resources

If your child has been diagnosed at risk of anaphylaxis, their treating doctor should provide:

- Education on avoidance of known allergens (substances causing the allergic reaction). This is particularly important with food allergy which can be caused by very small amounts of food or accidental exposure. Strategies to avoid exposure to known food and insect allergens should be implemented at home and school, preschool or childcare. Further information is available on the ASCIA website: www.allergy.org.au/health-professionals/anaphylaxis-resources
- ASCIA Action Plan for Anaphylaxis. This plan outlines what to do if your child is having an allergic reaction. It must be completed and signed by your child's doctor and stored with the adrenaline autoinjector, even if it is carried by your child. The plan includes personal details, signs of allergic reactions, instructions on how to use the device and whether to give any other medications. Further information: www.allergy.org.au/health-professionals/anaphylaxis-resources/action-plans-for-allergic-reactions-faq
- Prescription for two adrenaline autoinjectors. This allows you to keep one with your child at all times (whilst in or out of the home) and another at school or childcare. High school and upper primary school students should usually carry one device on their person, whilst the second one should be kept at school. Two devices can be subsidised if the child is prescribed for allergy. Further information: www.allergy.org.au/health-professionals/anaphylaxis-resources/adrenaline-autoinjectors-faq
- Education on how to use an adrenaline autoinjector. It is recommended that you regularly practice using a trainer version of the adrenaline autoinjector that has been prescribed for your child. Trainer versions of the devices do not have a needle and do not contain adrenaline, so they can be used repeatedly for practice and to teach family and friends.
- Information on medical identification jewellery. This is optional and does not replace the ASCIA Action Plan for Anaphylaxis.

What is the role of the parent?

- Notify school principal or preschool/childcare supervisor if your child has been prescribed an adrenaline autoinjector; had previous or subsequent anaphylaxis; has any changes in allergies; and any other health care needs or disabilities (including learning difficulties) that may affect anaphylaxis management.
- Provide an ASCIA Action Plan for Anaphylaxis completed and signed by your child's treating doctor. This should be updated (including photo) when adrenaline autoinjector prescriptions are renewed (usually every 12-18 months) or if allergies change. These plans are usually provided by doctors and must not be completed or altered by parents, school staff or childcare staff.
- Provide an adrenaline autoinjector to your child's school, preschool or childcare. Always note the date on the label and replace the device before it expires. Even if your child carries their own adrenaline autoinjector you should provide another adrenaline autoinjector to the school. This is required in case your child does not have it on them when needed.
- Assist in the development of an Individual Health Care Plan or Risk Minimisation Plan. This is a plan that school, preschool or childcare staff develop to support your child's health care needs.
- Age appropriate education. Educate your child about how to avoid known allergens and why it is important. Remind them that if they feel sick, they should immediately tell someone nearby, such as a teacher or other adult. Assure them it is the right thing to do, and they should not be afraid of getting into trouble for doing this.

What are the responsibilities of your child's school, preschool or childcare service?

- Training of staff in awareness, management, recognition and emergency treatment for anaphylaxis.
- Implementation of strategies to minimise risk of accidental exposure to known allergens, including special events such as excursions.
- Appropriate storage of adrenaline autoinjectors with an ASCIA Action Plan for Anaphylaxis in an easily accessible location, out of direct sunlight and heat. Staff also need to know the agreed location (pocket, belt bag, school bag etc) of the device that is carried by students.

Further information

- Australasian Society of Clinical Immunology and Allergy (ASCI) www.allergy.org.au
- Professional medical organisation that provides e-training, health professional resources, information for patients and consumers and links to NSW Department of Education and Communities information on anaphylaxis: www.allergy.org.au/health-professionals/anaphylaxis-resources/anaphylaxis-guidelines-for-schools-and-childrens-services
- Allergy & Anaphylaxis Australia www.allergyfacts.org.au
- National patient advocacy and support organisation that provides advice and resources on allergy and anaphylaxis
- Food Standards Australia and New Zealand (FSANZ) www.foodstandards.org.au
- Provides information about food labelling laws and food allergens on food labels.

© ASCIA 2013 This fact sheet was developed by ASCIA and funded by an educational grant from NSW Government Ministry of Health.
Hebbys Bakery
Gloucester Public School Fundraiser

PIE and LAMINGTON DRIVE ORDER FORM 2015

Simply fill in the details below and select how many and which Pies and Lamingtons you would like to order. Bring your order form together with full payment back to school by Friday 21/08/2015 to the front office.

Your Pies and Lamingtons will be ready to collect on Thursday 27/08/2015 from the canteen after 1pm.

Remember to ask family and friends if they would like to order some too.

Students Full Name: ___________________________ Class: ___________________________

Contact No: ___________________________

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<th>NAME</th>
<th>Beef</th>
<th>Beef &amp; Bacon</th>
<th>Beef &amp; Onion</th>
<th>Curried Beef</th>
<th>Beef &amp; Potato</th>
<th>Apple</th>
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Be a SAFETY STAR

Here are some smart safety tips your family needs to know when you’re around electricity.

- **Keep away from overhead powerlines** (Electricity can jump!)
- **Never play on electrical equipment or trees near powerlines**
- **Stay at least 8 metres away from fallen powerlines**
- **Use electrical appliances safely and correctly**
- **Keep electrical appliances away from water**

Call Essential Energy on 13 20 80 if you see powerlines on the ground – remember to stay 8 metres away!