Gloucester Boys win in Round One!

Our boys’ cricket team had a successful start to the PSSA Boys Cricket Knockout with a convincing performance over Old Bar Public School last Thursday.

Read all about it in today’s newsletter!
From Mrs Wakefield -

Caring for our Kids Online
 Anyone can be anyone online. Do you really know who you are talking to? Just because your children say they are talking to their friends online, how do you know it is a friend? Someone acting as a friend who says he/she is a friend could really be approx. 30 and a predator.

Online friends are not true friends. True friends are those who are with you in person, a relative or sibling. They live in the real world not cyber space. If your child is asked to share a password or identity secret, then the friend is not a true friend. Adults don’t share bank details with friends. Please teach your children not to share online. Do not share passwords, phone numbers, addresses and/or family information. You can never have privacy online, you can only control the security of your account and this can be hacked quite easily by those criminals who know how to. You are never anonymous online. Someone can always trace your digital footprint.

Fact – Over a four week period, 12,224 images and videos are uploaded by and of children and young people. 10,000 can/could be traced to parasite/predator websites used by pedophiles. Do you know what you’re allowing your child to see and do? Who are they communicating with? Who are their 100 friends?

KIK Messenger – KIK lets children talk to friends for free. Sounds OK but KIK is currently the number one APP that sex predators use to groom children and young people. The actual rating for the program/APP is 17 years and over. The content can be R rated and by letting your child access this APP you are putting your child at risk. It is free to encourage more children to use it, however is the APP police are concerned with the most. Please remove this APP from your children and be vigilant.

Facebook – clearly states should only be used by young people 13 years and older. Children younger than 13 are accessing this site and faking their age, most with parental knowledge. You are putting your children at risk.

Tumblr – is an inappropriate site with lots of blogs on anorexia and self-harm. Steer clear of this site.

Other APPs or programs to be very aware of and steer your child away from are: Omegle – talk to strangers, Ask FM, Qooh Me, Instagram, Naughty Chat, Camzap, Chat Random, Chatville.

Parent/Teacher Interviews
Thank you to all parents who have attended their parent/teacher interviews so far this week. The remaining interviews are as follows:

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>1B</td>
<td>Meeting room No 1</td>
</tr>
<tr>
<td></td>
<td>1S</td>
<td>Meeting room next to 1S classroom</td>
</tr>
<tr>
<td></td>
<td>2H</td>
<td>Meeting room No 2</td>
</tr>
<tr>
<td></td>
<td>2M</td>
<td>Admin office area</td>
</tr>
<tr>
<td>Thursday</td>
<td>5/6G</td>
<td>Meeting room No 1</td>
</tr>
<tr>
<td></td>
<td>5M</td>
<td>Admin office area</td>
</tr>
<tr>
<td></td>
<td>6W</td>
<td>Meeting room No 2</td>
</tr>
</tbody>
</table>

Winter Uniform
I am hoping that the weather will get a little cooler so that we can start wearing winter uniforms from the first day of Term 2. Please start trying on last year’s winter uniform to check sizing as you may need to visit the uniform shop. The uniform shop is open every Friday 8.30 – 10.00am.

P&C
The next meeting of the P&C will be on Monday 30th March at 7.00pm in the library. It would be lovely to see as many parents as possible at these important meetings.

Autumn Holidays
Term 1 finishes on Thursday 2nd April. Term 2 begins for students on Tuesday 21st April 2015.
We are learning:

- **Weekly Sounds**: c & k
- **Weekly Sight Words**: mum, dad, my
- **Numbers**: counting forwards from 1-30 and backwards from 20 -1, writing from 1-10
- **Maths Focus**: subtraction, picture patterns, time.

**Home Reading**: It is so wonderful to see the reading progress of our kindergarten students. Please make sure that you keep your book and home guided reading resource in your child's home reading folder at all times. Students should continue to borrow a new book each day.

**News**: Kindergarten students are enjoying sharing their news items with their peers. Remember to check the news schedule for the topic of the week and come prepared.

Jacob of KS presenting his 's' scary troll news.

Hayley of KS presenting her 's' story book news.

**Class Awards (Week 7)**

- **3C**: Skye Hill, Tom Harris, Trisha Richards, Lochlan Mackintosh (E)
- **3G**: Tallulah Ashby, Quinlan Collins, Ellen Griffin, Bree Norrie (E)
- **4R**: Holly Mills, Dylan Smith, Elyssa Keen, Jazmyne Rolvink (E)
- **4S**: Ryan Beggs, Harrison Edwards, Kate Bradbury (E)
- **5M**: Deaton Ketley, Laura Stone, Anita Jackson, Cameron Turner (E)
- **5/6G**: Emma Ashton, Melia Mulder, Sapphira Snow, Marlene Sadler (E)
- **6W**: Chloe Hartley, Danielle Channon, Jack Blamires, Mauatua Barff (E)

**K/1/2 assembly**
2.10pm Friday in the hall
Hosts/Item = 1B
**Easter Hat Parade**

This year our *Easter Hat Parade* for Kindergarten, Year 1 and Year 2 students will take place on **Thursday 2nd April**, the last day of Term 1.

There is no need for you to make Easter hats at home as students will make their hats as a class activity guided and supported by their classroom teachers. A note will follow with more information.

*Amy Schafer*
Assistant Principal (Infants)

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**Tobwabba Medical Centre**

Staff from Tobwabba Medical Centre will be here at the school on Friday **24th April** to conduct free hearing tests and dental checks for our indigenous students. If notes are not returned to school before this date, your child will miss out.

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**Stewart House**

Orders have now been sent off to Stewart House and keyrings will arrive in due course.

*Debbie Howland*
Stewart House Representative

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**SMART PACKS**

There are still quite a lot of students who have not yet paid for their smart packs. The costs are as follows:

- Kindergarten - $45.00
- Years 1–6 - $35.00

Please pay for your child’s pack as soon as possible at the office. We would appreciate it if you would make this a priority. The code for paying online for smart packs is 051624.

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**Schools Spectacular**

Good luck to our Schools Spectacular choir! Today, we videoed our audition song, which will now be sent off to a Schools Spectacular panel for judging. Congratulations to all students for the effort they have put into their rehearsals. Good Luck!

*Mirabai Carruthers*

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**Reminder: Change of Dates for Year 4 Dubbo Excursion**

Please note that we have needed to make a small change of dates for the planned excursion to Dubbo for our Year 4 students. This was due to some issues in accommodation confirmations and in booking specific programs at the zoo.

The excursion will still be held in Week 6, Term 3, however we will now be leaving on Monday **17th August** and returning **20th August**. Previous dates were Tuesday to Friday of the same week.

Notes for this excursion will be sent home soon. Should you require any further information, please see me at school.

*Rod Maggs*
Assistant Principal

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**Library Borrowing**

**Tuesday:** K, Years 1 and 2  
**Wednesday:** Years 3, 4, 5, 6  
**Thursday:** Class 5/6 G

Children from Year 2 and up can now borrow 2 books each week!

*Hayley Watts*
Teacher Librarian

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**From the Library**

**Orders Due: 18th March**
Get a magazine from the front
PSSA Netball tryouts
Tomorrow, three students will be representing Gloucester Public School for the PSSA Manning Zone netball tryouts. We would like to wish Tiarn Harvey, Marley Cowan and Emma Ashton the best of luck.

Sophie Keen and Cemone Baker

3-6 Swimming for Sport continues
This is the last week of swimming for sport. Please ensure your child comes prepared to swim. Your child should bring the following:

✓ Swimmers
✓ Rash vest or T-shirt, if possible (great sun protection)
✓ Sunscreen
✓ Towel
✓ Goggles
✓ Water bottle
✓ $3 or their swimming card for pool entry
✓ A plastic bag or similar to put their wet gear into
✓ Clean underwear

Stage 2 students will depart at approximately 9.15am and return during recess time.
Stage 3 students will have an early recess before leaving school at approximately 10.15am and arriving back at school about 12.00pm.

Please note: Stage 2 students should have their swimmers on underneath their uniform in the morning to ensure we get maximum time in the pool. Stage 3 students should change prior to swimming at recess.

Should your child be unable to swim due to sickness or injury, please inform your class teacher in writing as soon as possible so alternative arrangements can be made for them during sport time.

Rod Maggs - Assistant Principal

The International Competitions and Assessments for Schools (ICAS) have distributed information for the dates and fees for their competitions for this year. Further information and the permission letter are included in this newsletter.

The closing date for all subjects is Wednesday 1st April 2015. The completed permission letter and fees are to be submitted to the school office by this date.

If you have any further enquiries do not hesitate to contact me.

Eve Green
ICAS Coordinator

Parent Helpers Cross Country
On Friday 27th March, weather permitting, Stage 2 and Stage 3 students will walk the cross-country course and then compete in the cross country event.

If you are willing and able to assist at our cross country event, I would greatly appreciate you completing the note in this newsletter and returning it to me by Wednesday 25th March.

Margaret Wilson
Cross Country Organiser

Canteen News
Thank you to everyone who ordered Hot Dogs last Thursday - it was a great response and I hope you enjoyed them. A BIG THANK YOU goes to Foodworks for donating all of the juicy apples that went with your meal deal. Their donation was very much appreciated.

It’s almost time to put together another canteen roster, so if anyone is interested, call in and see me anytime on canteen days or call me on 0458 572 488. Also if our regular volunteers need to make changes for next term could you let me know this week. Thanks again for your help.

Lisa Norrie
Canteen Supervisor
Gloucester Boys win in Round One!

The boys’ cricket team had a successful start to the PSSA Boys Cricket Knockout with a convincing performance over Old Bar Public School last Thursday. The boys, led by captain Darcy Allardice, headed into the game full of confidence and enthusiasm last week. Following some strong training sessions, the first game could not come quickly enough!

Playing on the Rec Centre grounds and losing the toss, we were sent in to bat with Harry Moore and Darcy posting a solid opening partnership. Darcy found the scoring easy with a solid 22 runs setting a good platform for the team. Kelly Groves then found his way to the wicket and, with the support of his team mates, settled in to produce a very patient and impressive innings of 31 runs. Kayden Schumann also added to the total with an aggressive 14 runs in the final overs.

Our team went into the break with 114 runs in the bank and leaving a daunting task for the visitors to attempt. In their reply, Old Bar never really got going, with our boys choking out any scoring with strong, economical bowling and equally tight fielding.

After their 25 overs, Old Bar could manage only 55 runs in response, falling 60 runs short of the target. Kane Davis finished with 2-15, with the rest of the bowlers completing their spells with figures of no more than 2 or 3 runs an over. Both Darcy and Kayden gave only two runs from their 3 overs.

It was truly a team performance and the boys backed each other in every aspect of the game. We now face archrivals, Forster Public School, who we have not beaten in many years. We are really looking forward to the battle and look forward to giving them a run for their money this year!

We play that match next Thursday 26th March at Forster.

A special thanks must be made to Shaun Forrester and Anthony Allardice who umpired for the boys on the day.

Rod Maggs – Assistant Principal

Zumba for Sport

Next term, all infants’ students will be participating in ‘Zumba’ for sport on a Friday morning. Zumba is a dance fitness program, which involves dance and aerobic elements. Zumba’s choreography incorporates hip-hop, soca, samba, salsa, merengue, mambo and martial arts.

The students will participate in a 40-45 minute lesson, taught by a qualified dance instructor. The session times will be-

- KM and KS- 9.20am to 10am
- 1S and 1B- 10am to 10.45am
- 2H and 2M- 11.15am to 12pm

The cost of the program will be $2 per week, or $20 for the 10 week program.

Students will start their lessons in Week 1, next term. It is preferable that the total amount of $20 be paid up front; this will ensure students don’t forget to bring their $2 each Friday. Please have payment in by Friday 27 March 2015.

Sport is compulsory for each student in NSW Public Schools and it is vital that we encourage all of our students to participate. Please contact me, if you have any trouble with payment or do not wish your child to participate.

Amy Schafer
Assistant Principal (infants)
Banking for students at school has recommenced. Banking is every Thursday at 8.30am in the library.
School banking accounts can be opened at the Gloucester Commonwealth Bank branch. Just ask to open a Youth saver account for School Banking.

Gloucester Show Cooking Competition

**Junior Section**

Entry Fee: 50 cents  
First Prize: $2.00   Second Prize: $1.00

Judging: 1.00pm Thursday 19th March
All exhibits must be in the hands of the judges by 10.00am Thursday 19th March. 
All exhibits to be picked up following presentation on Saturday, held at 6.00pm.

4-8 years  
1 Six Chocolate Crackles  
2 Vanilla Packet Cake decorated in Easter theme (decorate on cake only)  
3 Chocolate Cake (not iced) (not packet)

8-12 years  
4 Cup Cakes (six decorated) (not packet)  
5 Anzac Biscuits (six)  
6 Sweet Muffins (six)

12-16 years  
7 Banana Bread  
8 Chocolate Mud Cake - decorated  
9 Marble Cake - pink icing

UNIFORM SHOP

Open every Friday  
8.30am - 10.00am

Hats only can be supplied at the office.

National Assessment Program - Literacy and Numeracy 2015 Test Dates

Dear Parent or Carer

The test dates for the National Assessment Program – Literacy and Numeracy for all students in Years 3, 5, 7 and 9 will be as follows:

<table>
<thead>
<tr>
<th>Test name</th>
<th>Includes</th>
<th>Date of test</th>
</tr>
</thead>
<tbody>
<tr>
<td>Language Conventions test</td>
<td>Spelling, Punctuation and Grammar</td>
<td>Tuesday 12 May 2015</td>
</tr>
<tr>
<td>Writing test</td>
<td>Writing task</td>
<td>Tuesday 12 May 2015</td>
</tr>
<tr>
<td>Reading test</td>
<td>Reading</td>
<td>Wednesday 13 May 2015</td>
</tr>
<tr>
<td>Numeracy test (Years 3 and 5)</td>
<td>Number, Algebra, Function and pattern, Measurement, chance and data, and Space. There is one numeracy test for Years 3 and 5. (No calculator allowed.)</td>
<td>Thursday 14 May 2015</td>
</tr>
<tr>
<td>Numeracy tests (Years 7 and 9)</td>
<td>Number, Algebra, Function and pattern, Measurement, chance and data, and Space. There are two numeracy tests for Years 7 and 9. (Calculator allowed followed by non-calc.)</td>
<td>Thursday 14 May 2015</td>
</tr>
<tr>
<td>Catch-up day</td>
<td>For students who missed a section of the test or were absent on a particular day.</td>
<td>Friday 15 May 2015</td>
</tr>
</tbody>
</table>
Bully-proofing KIDS

Bullying is an issue to be discussed around the meal table, in the context of keeping kids safe. Talk to kids about their right to feel safe; how to recognise if they feel unsafe and what to do if they experience or witness bullying.

Despite the fact schools are very proactive when it comes to making them safe places for kids, bullying unfortunately, is something that’s still with us. According to the 2009 Australian Covert Bullying Prevalence Study one in four kids from Years 4 to 9 experiences some type of bullying at school.

Frequent bullying is highest in Year 5 (32 per cent experiencing some bullying) and Year 8 (29 per cent) so it is something that parents and teachers need to understand. Bullying is an insidious behaviour that transgresses a child’s right to feel safe and secure. It can adversely affect children’s learning, further peer relations and their emotional well-being.

Often children will tease, argue and sometimes fight, which shouldn’t be confused with bullying.

Bullying is selective and intentional. It's also repetitious rather than a one-off or occasional event. It can be physical, verbal or social exclusion. It also now happens online, which means some kids no longer feel safe at home. Kids generally feel powerless when they experience bullying.

Bullying is an issue to be discussed around the meal table, in the context of keeping kids safe. Talk to kids about their right to feel safe; how to know when they feel unsafe and what to do if they experience or witness bullying.

Knowing when kids are being bullied?

Some research suggests that around 20 per cent of bullying goes unreported so it can be difficult spotting children who experience bullying. However, kids will usually show signs in three ways:

1. Acting out: outward signs such as displays of unusual aggression at home, talking about hating school and getting into trouble more often.

2. Acting in: subtle behaviour changes such as sullenness, withdrawing from usual activities, being uncommunicative, feigned illness, bed-wetting and altered sleep patterns.

3. TELLTALE SIGNS: more obvious physical signs such as torn clothes, items missing, altered school routes and physical injuries. Children who are bullied usually display a combination of signs. Children often find it hard to communicate that they are being bullied. Some don’t have the language required. Many kids feel ashamed, or ever believe what bullies tell them. Sometimes kids are also reluctant to tell adults about bullying, as they fear that they will take the matter out of their hands, so your approach needs to be gentle and non-judgmental.

Here are six things to do if you suspect your child is being bullied:

1. Listen to their story
   It really is important to stay calm and get the real story. Kids need to be believed when they are bullied, so make sure they get the chance to talk.

more on page 2
... Bully-proofing kids ...

5 Get the facts
Bullying behaviour usually follows patterns. An accurate picture will help you determine your next course of action, for example, whether you need to give your child some avoidance or coping strategies or gain assistance from your child’s school.

5 Recognise & validate their feelings
(anger, fear & sadness are common)
Bullying always elicits strong feelings so make sure kids can share their thoughts and feelings with you.

5 Give them some common coping skills & defense mechanisms
Look for some simple ways to help them handle the bullying such as making sure they stay in pairs, practising a comeback line or even walking and talking confidently.

5 Get the school involved
If your child continues to struggle with bullying contact your child’s school. Resist the temptation to confront suspected bullies, or their families. Teachers generally have very practical, tried and true ways to tackle bullying.

5 Help build your child’s support networks & their self-confidence
Positive peer groups are great protective factors for kids when they are bullied so do all you can to encourage and build their friendship groups inside and outside school.

Michael Grose
2015 International Competitions and Assessments for Schools (ICAS)

Registration Form

Please return this form to school

I give permission for my child       of       Child’s name       Class to participate in the following 2015 International Competitions and Assessments for Schools (ICAS):

Please select the subjects you would like your child to enter:

<table>
<thead>
<tr>
<th>Subject/Paper</th>
<th>School Years</th>
<th>Official Sitting Date</th>
<th>Entry Fee</th>
<th>Fee Enclosed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Digital Technologies*</td>
<td>3–10</td>
<td>19 May 2015</td>
<td>$8.00</td>
<td></td>
</tr>
<tr>
<td>Science</td>
<td>2–12</td>
<td>3 June 2015</td>
<td>$8.00</td>
<td></td>
</tr>
<tr>
<td>Writing</td>
<td>3–12</td>
<td>15–19 June 2015**</td>
<td>$17.00</td>
<td></td>
</tr>
<tr>
<td>Spelling</td>
<td>3–7</td>
<td>16 June 2015</td>
<td>$11.00</td>
<td></td>
</tr>
<tr>
<td>English</td>
<td>2–12</td>
<td>28 July 2015</td>
<td>$8.00</td>
<td></td>
</tr>
<tr>
<td>Mathematics</td>
<td>2–12</td>
<td>11 August 2015</td>
<td>$8.00</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td></td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

Students should sit on the official sitting date for each subject to be eligible for UNSW medals. However, your school may choose to sit at another time to fit in with other school activities and routines.

* Previously known as Computer Skills.

Please find enclosed $__________________ total entry fee.

Amount

Name of Parent/Guardian       Date

____________________________________________________________________________________________

Signature of Parent/Guardian
Reminder about Crunch&Sip®

Our school is part of the Crunch&Sip® program. To ensure that your child takes part in Crunch&Sip®, you need to pack a piece of fruit or vegetables and a bottle of water every day.

Allowed for Crunch&Sip®
- All fresh fruit and vegetables
- Tinned fruit in water or juice
- Dried fruit in small amounts and on limited occasions
- Plain water

Not allowed for Crunch&Sip®
- Fruit products (e.g. fruit leathers, fruit roll-ups, fruit straps)
- Fruit jams or jellies, fruit pies or cakes
- Tinned fruit in syrup
- Vegetable or potato chips, hot potato chips
- Olives
- Vegetable pastries (pies, pasties)
- Baked vegetable breads
- Vegetable cakes, fritter, quiches or similar
- Popcorn
- Flavoured/carbonated water, cordial, Fruit or vegetable juices
- Any drink other than plain water

If your family is having difficulties providing a piece of fruit or vegetable every day please let us know and we will assist you in addressing this.

Phone 4924

ONLY WORKING SMOKE ALARMS
SAVE LIVES

On Sunday 5th April 2015

Change your clock!

Change your smoke alarm battery!
**Parent Helpers for Cross Country Event**

I, ____________________________ , parent/carer of __________________________

in class ________, will be able to assist with the running of the Cross Country event being held on Friday 27th March at 9.30am.

Signed: ____________________________

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**Good for Kids good for life**

**Why volunteer in the school canteen?**

Schools and community organisations are finding it increasingly difficult to find volunteers to help out. With many parents working or busy looking after children there is a real shortage of volunteers in school canteens.

Volunteering in your child’s school canteen has a whole range of benefits to you, your child and the school community:

- You may be able to have some input into what food is sold in the canteen
- It gives you an opportunity to meet other parents at the school and gives you another social outlet
- You can support your child in their food choices at the canteen
- Your child is able to see you at the canteen
- You are supporting the school be able to provide a food service for the students